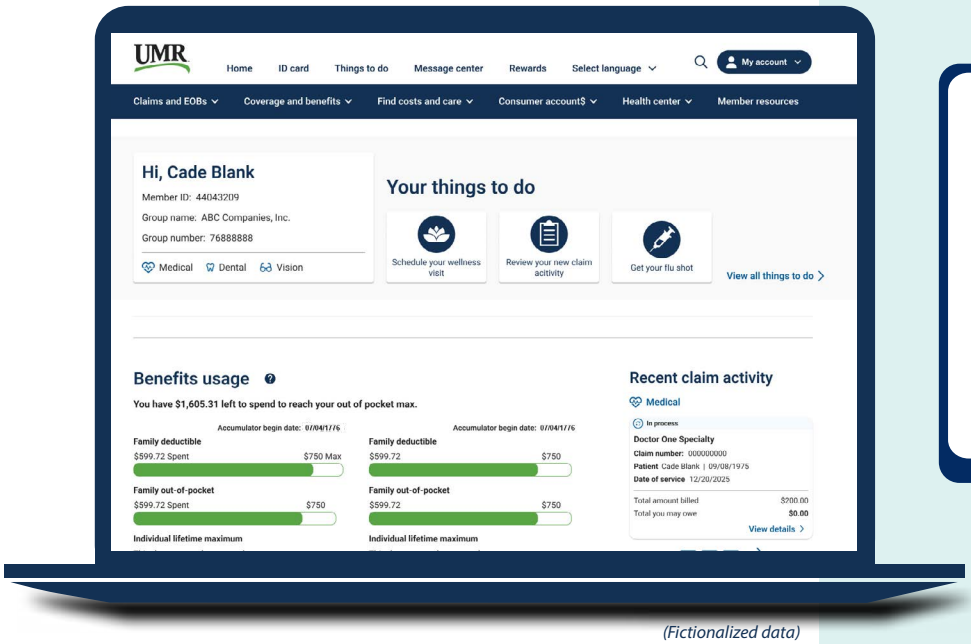
Get all your answers quick and easy at umr.com

Make **umr.com** your first stop

Do you want managing your health care to be fast and easy? You got it. At **umr.com**, you'll find everything you want to know — and need to do — as soon as you sign in.

No hassles. No waiting. Just the answers you're looking for anytime, night or day!



(Fictionalized data)

Sign in now to:

- View **Things to do**, your personalized benefits to-do list
- Check your benefits and see what's covered
- Look up what you owe and how much you've paid
- Find a doctor in your network
- Learn about medical conditions and your treatment options
- Access tools and trusted resources to help you live a healthier life

The UMR app is another way we're reimagining health care to work for you.

We have a smarter, simpler, faster way to manage your health care benefits, right from the palm of your hand.



Download the UMR app today

Scan the QR code to the left or visit your app store to get started.



With just a tap, you can:

- Access your digital ID card
- View your plan details on-demand — anytime, anywhere
- Find out if there is a copay for your upcoming appointment
- Chat, call or message the UMR member support team
- Add your health plan details from your ID card to the mobile wallet on your smartphone for convenient and secure access
- View additional benefits information including proof of coverage.

Note: The images shown reflect available features within our desktop site. These features may or may not be available to all users, depending on your individual and/or company benefits.

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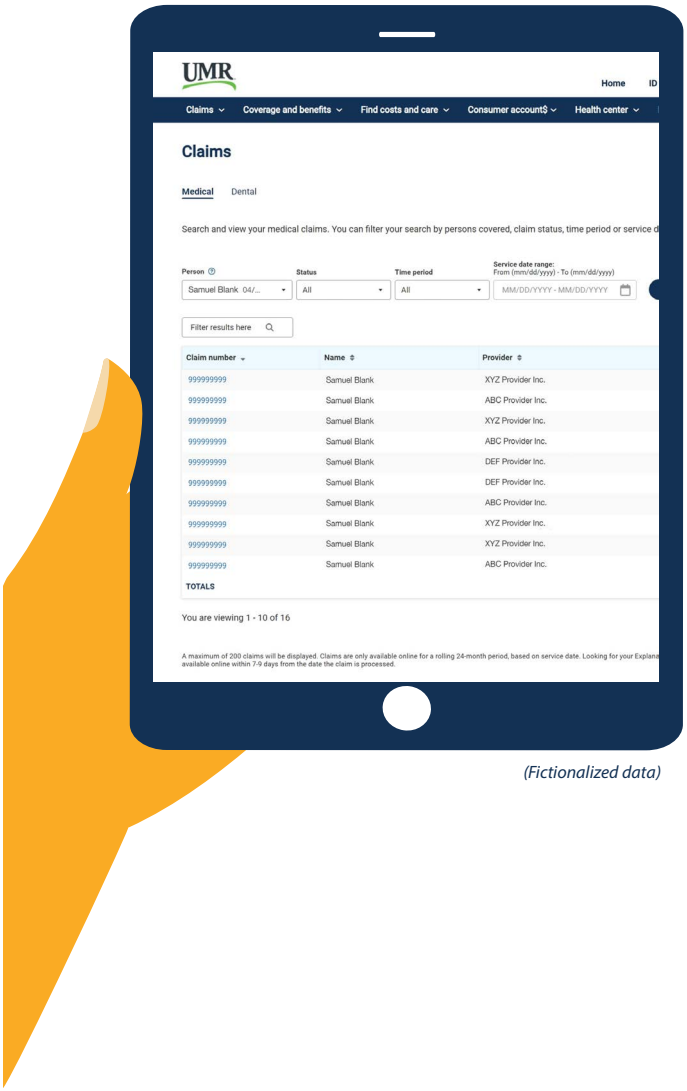

(Fictionalized data)

You don't need a Ph.D. to understand your benefits

We've made it easy to find the top things people want to know. Select **Coverage and benefits** from the navigation bar to find out:

- What health care services are covered?
- What's the cost difference between an in-network and out-of-network service?
- What's your deductible, and are you close to reaching it?
- Is there a copayment for your office visit? If so, how much?

Buried in paperwork? A single click lets you track all your claims

Under **Claims and EOBs**, check in at your convenience to see if a claim has been processed and what you might owe. To get more details on a specific claim, select the claim. This will tell you the type of services provided, the amount billed and the amount paid, if any, and whether there's any action that needs to be taken before the claim can be processed.

You can choose to receive a secure email any time you have a new EOB. If you're not ready to give up paper completely, you can print out copies from the **Claims dashboard**.

Don't be surprised by unexpected costs

Under the **Find costs and care**, you can find in-network doctors near you and get a better idea of what you'll pay with the **Health cost estimator** tool.

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This content is provided for information only and is not to be considered medical advice. All decisions about medical care should be made by the doctor and patient. Always refer to the plan document for specific benefit coverage or call the toll-free member phone number on the back of your health plan ID card. UMR operates in accordance with medical privacy standards established by applicable federal and state laws. The screen shots shown are for illustrative purposes and use fictional data only.

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