



500 Exchange Street, Providence, RI 02903-2699

Don't pay more for your long-term medicines.

SWITCH TO A 90-DAY SUPPLY FOR LOWER COST AND CONVENIENCE.

Under your pharmacy benefit plan, long-term medicines must be filled in a 90-day supply. Switch to a 90-day supply to avoid paying more. With 90DayMyWay®, you can get your new 90-day supply delivered to your door or you can pick them up at an extended supply network pharmacy. It's your choice:

AllianceRx Walgreens Prime home delivery

- Order from home, spend less time waiting in line.
- Get 24/7 support – talk with a member of the pharmacy team anytime.
- Standard shipping within the United States is always free.

Or choose an extended supply network pharmacy in your area

- Thousands of pharmacies are available.
- Pick up your medicines when it's most convenient for you.
- Talk face-to-face with a pharmacist (during business hours).

90-Day Supply	
Home Delivery	2.5 copays
Extended Supply Network Pharmacy	3 copays

FREQUENTLY ASKED QUESTIONS ABOUT 90DAYMYWAY

WHAT IS 90DAYMYWAY?

Under your pharmacy benefit plan, all long-term medicines must be filled in a 90-day supply. 90DayMyWay is a program that helps you get your long-term medicines one of two ways: You can choose to fill at an extended supply network pharmacy or use home delivery.

HOW DO I SWITCH TO A RETAIL PHARMACY?

Ask your doctor to switch your prescriptions to a 90-day supply (or, your pharmacist can ask your doctor to change your prescription).

HOW DO I SWITCH TO HOME DELIVERY?

1. Go to **bcbsri.com**, or Call **855.457.1204**.

Once you've signed up for home delivery, contact your doctor to switch your prescription(s) to AllianceRx Walgreens Prime.

WHAT ARE LONG-TERM MEDICINES?

Long-term medicines are those taken regularly for more than three months to treat chronic conditions such as high cholesterol, high blood pressure, asthma, depression or anxiety.

HOW DO I FIND AN EXTENDED SUPPLY NETWORK PHARMACY?

Visit **bcbsri.com** to find a pharmacy that offers 90-day supplies. There are over 52,000 in your extended supply network*, including:

- Stop and Shop®
- CVS Pharmacy™
- Community Pharmacy Network
(includes several independent pharmacies)

**Walgreens and Rite Aid Pharmacies are not part of the Extended Supply Network*

If you have any questions about your benefits, please call the number on the back of your member ID card.